



WE NEED VOLUNTEERS!

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y volunteers give men, women and children of all ages and from all walks of life the resources and support they need to be healthy, confident, connected and secure.

Volunteering is more than just sharing your time and passion, it's about the satisfaction of knowing you are helping people become stronger, giving back to your community and gaining valuable work experience that will enhance your career opportunities.



Visit WWW.LAXYMCA.ORG/VOLUNTEER FOR MORE INFORMATION!

VOLUNTEER OPPORTUNITIES:

- Coach our sports teams and teach many of our classes.
- Extend a hand to help teens at our teen center build character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals.

HELP US WITH OUR UPCOMING SPECIAL EVENTS

- Spring 3-on-3 Basketball Classic - May 7, 2016 - 9am-6pm
- Got Energy Triathlon - June 19, 2016 - 7am-11:30am
- Kids Tri - July 9, 2016 - 7:30am-11:30am